

**HIGH QUALITY COMPASSIONATE CARE,
CLOSE TO HOME.**

CANCER & BLOOD DISORDERS
TREATMENT CENTER

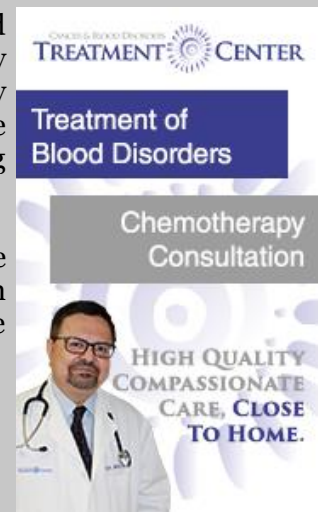
November 2014

A Note From Our Office

Happy Thanksgiving from the whole staff here at Cancer and Blood Disorders Treatment Center! We hope everyone has a wonderful day filled with fun activities with friends and family. As Thanksgiving is only a few days away, I want to take a moment and thanks the whole staff here for their hard work. They make this office a very friendly and inviting place for both staff and employees.

I would also like to mention that we have a new website! Our new website launched just a few days ago. You will find a lot of great information on our support group and treatment process. You can see our new website [here](#).

Happy Thanksgiving!
-Dr. Meelu



National Family Caregivers Month

Did you know that there are over 60 million Americans who are considered to be a caregiver? A caregiver provides an array of support, including physical, emotional and spiritual help, to a friend or family member who is battling an illness, is disabled or is chronically ill.

This month, the staff at Cancer and Blood Disorders Treatment Center who like to acknowledge and sincerely thank everyone that is a caregiver to someone in our community.

DID YOU KNOW?

A TYPICAL FAMILY CAREGIVER IN THE U.S. IS FEMALE, APPROXIMATELY 46 YEARS OLD, HAS AT LEAST SOME COLLEGE EXPERIENCE, AND SPENDS AN AVERAGE OF 20 HOURS OR MORE PER WEEK PROVIDING UNPAID CARE TO SOMEONE 50 OR OLDER.

T-Shirts and Coffee Mugs for Sale!

We currently have t-shirts and coffee mugs for sale in our office. These items feature the different ribbon colors and which type of cancer they are associated with. All proceeds from sales go to Fighting All Cancer Types (F.A.C.T.). T-Shirts are \$20.00 each and coffee mugs are \$10.00 each.

To purchase a t-shirt or coffee mug, please email FACTCANCERCharity@yahoo.com or call 301-396-9215.



DID YOU KNOW?

FIFTY NINE PERCENT OF THE ADULT POPULATION EITHER IS OR EXPECTS TO BE A FAMILY CAREGIVER.

Around Our Office



HAPPY THANKSGIVING

We want to wish everyone a happy and safe Thanksgiving!

Ways to Help Caregivers

All caregivers need a break once in a while from their duties. While caregivers may be resistant to accept any help, you should still try to help them, even in the most simple ways.

1. Offer to cook a meal one night or double a recipe when you are making dinner. If you don't want to cook, give them a gift card to get dinner out one night.

2. Does the caregiver have children? Offer to babysit one night.
3. Most of the time, caregivers are at least partially responsible for the upkeep in and around the home. Offer to shovel when it snows or to mow the lawn in the spring.
4. Offer to run errands. Often time, the caregiver cannot leave the home and may need assistance getting groceries or going to the post office.

Cancer and Blood Disorders Treatment Center primarily provides chemotherapy and related services to cancer patients along with treatment of blood disorders. We routinely provide and advise about screenings, diagnosis, diagnostic procedures, surgical and radiation therapy options, pain control and palliative.

Visit our Website:
[Cancer & Blood Disorders Treatment Center](#)

**Cancer and Blood Disorders
Treatment Center**

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Join our Online Community:

