

**HIGH QUALITY COMPASSIONATE CARE,  
CLOSE TO HOME.**

CANCER & BLOOD DISORDERS  
**TREATMENT CENTER**

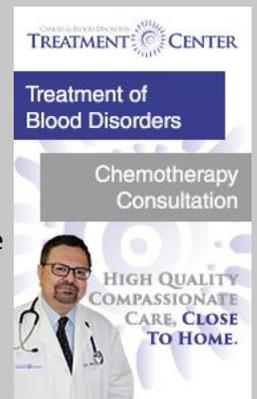
June 2015

### **A Note From Our Office**

We have a lot of exciting things happening in our office right now! Board Certified Physician Dr. Rhesma Khetpal has joined Cancer & Blood Disorders Treatment Center! Dr. Khetpal is very attentive, caring and is also very knowledgeable of the new treatments that are now available for oncology and hematology patients. Welcome, Dr. Khetpal!

On another note, June is Men's Health Month! This month is intended to raise awareness of preventable health problems and encourage early detection. In this newsletter, you'll learn more information and tips for Men's Health Month!

-Dr. Meelu



### **National Men's Health Week (June 7-13)**

According to the CDC, Men's Health Week is recognized the week leading up to Father's Day which is June 7th through 13th this year. The goal of National Men's Health Week is to focus awareness for women to make health a priority in their lives. To find out more information about National Men's Health Week, please visit

<http://www.menshealthmonth.org>

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M. ASHRAF MEELU, MD FACP WELCOMES  
**DR. RESHMA KHETPAL**

CHARLES COUNTY'S FIRST FEMALE  
ONCOLOGIST AND HEMATOLOGIST  
NOW ACCEPTING NEW PATIENTS

### T-Shirts and Coffee Mugs for Sale!

We currently have t-shirts and coffee mugs for sale in our office. These items feature the different ribbon colors and which type of cancer they are associated with. All proceeds from sales go to Fighting All Cancer Types (F.A.C.T.). T-Shirts are \$20.00 each and coffee mugs are \$10.00 each.

To purchase a t-shirt or coffee mug, please email [FACTCANCERCharity@yahoo.com](mailto:FACTCANCERCharity@yahoo.com) or call 301-396-9215.



## DID YOU KNOW?

THE GOOD NEWS ABOUT PROSTATE CANCER IS THAT IT IS PREVENTABLE AND IF YOU CATCH PROSTATE CANCER BEFORE THE CANCER CELLS SPREAD PAST YOUR PROSTATE, YOUR CHANCE OF SURVIVING THE NEXT 5 YEARS IS 100%.

# HIGH QUALITY TREATMENT, CLOSER THAN YOU THINK

Serving Southern Maryland  
for Over 20 Years



## Healthy Tips For Men

1. According to Men's Health Magazine, don't skip breakfast! A meal early in the day can keep your metabolism throughout the day and keep you from snacking in the afternoon.
2. Get enough sleep! On average, men need about seven hours of sleep a night. Proper amounts of sleep can lower your stress and enhance your memory.
3. Floss! Bacteria that is left behind after brushing can increase your risk of heart disease.
4. Be smart when it comes to doctors. Make you to get your physical exam and seek a second opinion before undergoing any procedure.

Cancer and Blood Disorders Treatment Center primarily deals with the medical oncology part of cancer treatment which includes chemotherapy, immunotherapy and related services to cancer patients along with treatment of blood disorders. We routinely provide and advise about screenings, diagnosis, diagnostic procedures, surgical and radiation therapy options, pain control and palliative care as well as second opinions.

Our infusion center is also doing intravenous therapies used in other diseases like Ulcerative Colitis, Crohn's Disease, Rheumatoid Arthritis, Port-a-Cath & Pic Line Catheters when patients are referred by other physicians treating these conditions.

## Cancer and Blood Disorders Treatment Center

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Join our Online Community:



Visit our Website:

[Cancer & Blood Disorders Treatment Center](#)