

**HIGH QUALITY COMPASSIONATE CARE,
CLOSE TO HOME.**

CANCER & BLOOD DISORDERS
TREATMENT CENTER

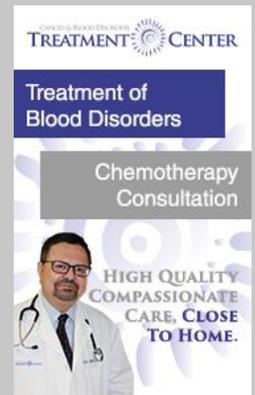
July 2015

A Note From Our Office

We have a lot of exciting things happening in our office right now! Board Certified Physician Dr. Rhesma Khetpal has joined Cancer & Blood Disorders Treatment Center! Dr. Khetpal is very attentive, caring and is also very knowledgeable of the new treatments that are now available for oncology and hematology patients. Welcome, Dr. Khetpal!

On another note, July is Sarcoma Awareness Month according to the American Cancer Society. Sarcomas are tumors in the connective tissues of the body including muscle, bone, fat, and blood vessels to name a few. According to the American Cancer Society, about 11,000 people will be diagnosed with sarcoma this year. Although this disease is considered rare, it is still important to be aware of it!

-Dr. Meelu



Sarcoma Awareness Month

According to Cancer.net, there are a few risk factors associated with sarcoma. These factors include previous radiation treatment, genetics and exposure to certain types of plastics and other toxic materials can increase a person's risks of developing sarcoma in their lifetime. Currently, there is no test to find sarcoma calls when they begin to grow. For this reason, if you see a lump on your body that is causing pain or getting larger, it is important to have your doctor look at it.

CANCER & BLOOD DISORDERS
TREATMENT CENTER



M. ASHRAF MEELU, MD FACP WELCOMES
DR. RESHMA KHETPAL

CHARLES COUNTY'S FIRST FEMALE
ONCOLOGIST AND HEMATOLOGIST
NOW ACCEPTING NEW PATIENTS

T-Shirts and Coffee Mugs for Sale!

We currently have t-shirts and coffee mugs for sale in our office. These items feature the different ribbon colors and which type of cancer they are associated with. All proceeds from sales go to Fighting All Cancer Types (F.A.C.T.). T-Shirts are \$20.00 each and coffee mugs are \$10.00 each.

To purchase a t-shirt or coffee mug, please email FACTCANCERCharity@yahoo.com or call 301-396-9215.



DID YOU KNOW?

ACCORDING TO CANCER.NET, THE FIVE-YEAR SURVIVAL RATE FOR
PEOPLE WITH LOCALIZED SARCOMAS IS 83%.

HIGH QUALITY TREATMENT, CLOSER THAN YOU THINK

Serving Southern Maryland
for Over 20 Years



Healthy Tips For Everyone

1. This summer, add some berries to your diet! According to webmd.com, adding a cup of berries to your diet will give you extra antioxidants which may prevent tissue damage.
2. Floss! Flossing will reduce your oral bacteria which overall body health.
3. Take a vacation! The summertime is a perfect time to finally get away from it all. A vacation has many benefits including lowering your blood pressure, heart rate and stress hormones.

Cancer and Blood Disorders Treatment Center primarily deals with the medical oncology part of cancer treatment which includes chemotherapy, immunotherapy and related services to cancer patients along with treatment of blood disorders. We routinely provide and advise about screenings, diagnosis, diagnostic procedures, surgical and radiation therapy options, pain control and palliative care as well as second opinions.

Our infusion center is also doing intravenous therapies used in other diseases like Ulcerative Colitis, Crohn's Disease, Rheumatoid Arthritis, Port-a-Cath & Pic Line Catheters when patients are referred by other physicians treating these conditions.

Cancer and Blood Disorders Treatment Center

3200 Crain Highway
Suite 302
Waldorf, Maryland 20603
301-396-9215

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